# ΚΑΝΟΝΑ ΠΙΣΤΕΩΣ - MODEL OF FAITH

## GREEK ORTHODOX ARCHDIOCESE OF AUSTRALIA PARISH OF SAINT NICHOLAS MARRICKVILLE

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# Κυριακή 26 Μαιου 2024 Κυριακή τοῦ Παραλύτου

Άπολυτίκιον Άναστάσιμον Ήχος γ'. Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος

Άπολυτίκιον Τοῦ Ἀγίου Νικολάου. Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῆ ποίμνῃ σου, ἡ τῶν πραγμάτων ἀλήθεια· διὰ τοῦτο ἐκτήσω τῇ ταπεινώσει τὰ ὑψηλά, τῇ πτωχείᾳ τὰ πλούσια, Πάτερ ἱεράρχα Νικόλαε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Άπολυτίκιον. Κοσμά και Δαμιανού Άγιοι Ανάργυροι καί θαυματουργοί, επισκέψασθε τάς ασθενείας ημών, δωρεάν ελάβετε, δωρεάν δότε ημίν.

## Άπολυτίκιον Τοῦ Ἀγίου Παΐσιου Τόν συνάναρχον Λόγον

Αὐστραλίας προστάτην, φρουρόν τε ἄγρυπνον, καί τοῦ Ἄθωνος ὄρους στύλον ἀείφωτον, ἀνυμνήσωμεν πιστοί, θεῖον Παΐσιον, ἐξαιτούμενοι αὐτοῦ τάς πρεσβείας πρός Θεόν, κραυγάζοντες ὀμοφρόνως ῥύου ὦ πάτερ παντοίων, τῶν τοξευμάτων τοῦ ἀλάστορος.

## Κοντάκιον τοῦ Πάσχα.

Εἰ καὶ ἐν τάφῳ κατῆλθες Ἀθάνατε, ἀλλἀτοῦ ἄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγξάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχωνἀν άστασιν.

# Sunday 26 May 2024 Sunday of the Paralytic

## **Resurrectional Apolytikion**

Let the heavens rejoice and the earth be glad, for the Lord has done a mighty deed with his arm: by death he has trampled on death, the first-born of the dead he has become; from Hades' depths he has delivered us, and granted to the world his great mercy.

#### St Nicholas Hymn

A model of faith and the image of gentleness, the example of your life has shown you forth to your sheep-fold to be a master of temperance. You obtained thus through being lowly, gifts from on high, and riches through poverty, **Nicholas**, our father and priest of priests, intercede with Christ our God that He may save our soul.

## Sts Cosmas & Damianos

Sainted Unmercenaries and Wonder Workers, regard our infirmities; freely you have received, freely share with us.

#### St Paisios Hymn The Word Eternal

O Protector of Australia, vigilant guardian and resplendent pillar of Mount Athos, we the faithful let us praise the holy **Paisios**, and beseeching his intercessions before God, crying out with one voice, deliver us, O father of all, from the arrows of the vengeful one.

#### **Kontakion of Pascha**

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

## ΑΠΟΣΤΟΛΟΣ Πράξεων τῶν Ἀποστόλων (θ΄, 32-42)

Έν ταῖς ἡμεραῖς ἐκείναις. ἐνένετο Πέτρον διερχόμενον διὰ πάντων κατελθεῖν καὶ πρὸς τοὺς ἁγίους τοὺς κατοικοῦντας Λύδδαν. Εὗρεν δὲ ἐκεῖ ἄνθρωπόν τινα Αἰνέαν ὀνόματι, ἐξ ἐτῶν ὀκτὼ κατακείμενον έπὶ κραββάτω, ὃς ἦν παραλελυμένος. Καὶ εἶπεν αὐτῶ ὁ Πέτρος Αἰνέα, ἰᾶταί σε Ἰησοῦς ὁ Χριστός· ἀνάστηθ καὶ στρῶσον σεαυτῶ. Καὶ εὐθέως ἀνέστη. Καὶ εἶδον αὐτὸν πάντες οἱ κατοικοῦντες Λύδδαν καὶ τὸν Ἀσσάρωνα. οἵτινες έπέστρεψαν έπὶ τὸν κύριον. Ἐν Ἰόππη δέ τ ἦν μαθήτρια ὀνόματι Ταβηθά, ἣ διερμηνευομένη λέγεται Δορκάς· αὕτη ἦν πλήρης ἀγαθῶν ἔργων καὶ ἐλεημοσυνῶν ὦν ἐποίει. Ἐγένετο δὲ ἐν ταῖς ἡμέραις έκείναις άσθενήσασαν αύτὴν άποθανεῖν· λούσαντες δὲ αὐτὴν ἔθηκαν ἐν ὑπερώω. Έγγὺς δὲ οὔσης Λύδδης τῆ Ἰόππη, οἱ μαθηταὶ ἀκούσαντες ὅτι Πέτρος ἐστὶν ἐν αὐτῇ, ἀπέστειλαν πρὸς αὐτόν, παρακαλοῦντες μὴ ὀκνῆσαι διελθεῖν ἕως αύτῶν. Ἀναστὰς δὲ Πέτρος συνῆλθεν αὐτοῖς· ὃν παραγενόμενον ἀνήγαγον εἰς τ ύπερῶον, καὶ παρέστησαν αὐτῶ πᾶσαι αἱ χῆραι κλαίουσαι καὶ ἐπιδεικνύμεναι χιτῶνας καὶ ἱμάτια ὄσα ἐποίει μετ' αὐτῶν οὖσα ἡ Δορκάς. Ἐκβαλὼν δὲ ἔξω πάντας ὁ Πέτρος θεὶς τὰ γόνατα προσηύξατο· καὶ έπιστρέψας πρὸς τὸ σῶμα, εἶπεν, Ταβηθά άνάστηθι. Ή δὲ ἤνοιξεν τοὺς ὀΦθαλμοὺς αὐτῆς· καὶ ἰδοῦσα τὸν Πέτρον, ἀνεκάθισε Δοὺς δὲ αὐτῆ χεῖρα, ἀνέστησεν αὐτήν· φωνήσας δὲ τοὺς ἁγίους καὶ τὰς χήρας, παρέστησεν αὐτὴν ζῶσαν. Γνωστὸν δὲ έγένετο καθ' ὅλης τῆς Ἰόππης, καὶ πολλοὶ έπίστευσαν έπὶ τὸν Κύριον.

# EPISTLE Acts of the Apostles (9:32-42)

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lvdda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lvdda and Sharon saw him. and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there. sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

# Ἐκ τοῦ κατὰ Ἰωάννην ἁγίου Εὐαγγελίου (ε', 1-15)

Τῶ καιρῶ ἐκείνω. ἀνέβη ὁ Ἰησοῦς εἰς Ίεροσόλυμα. Έστι δὲ ἐν τοῖς Ἱεροσολύμοις ἐπὶ τῆ προβατικῆ κολυμβήθρα, ἡ ἐπιλεγομένη Έβραϊστὶ Βηθεσδά, πέντε στοὰς ἔχουσα. ἐν ταύταις κατέκειτο πλῆθος πολὺ τῶν άσθενούντων, τυφλῶν, χωλῶν, ξηρῶν, έκδεχομένων τὴν τοῦ ὕδατος κίνησιν. ἄγγελος γὰρ κατὰ καιρὸν κατέβαινεν ἐν τῆ κολυμβήθρα, καὶ ἐταράσσετο τὸ ὕδωρ· ὁ οὖν πρῶτος ἐμβὰς μετὰ τὴν ταραχὴν τοῦ ὕδατος ύγιὴς ἐγίνετο ὦ δήποτε κατείχετο νοσήματι. ἦν δέ τις ἄνθρωπος ἐκεῖ τριάκοντα καὶ ὀκτὼ ἔτη ἔχων ἐν τῆ ἀσθενεία αύτοῦ. τοῦτον ἰδὼν ὁ Ἰησοῦς κατακείμενον, καὶ γνοὺς ὅτι πολὺν ἤδη χρόνον ἔχει, λέγει αὐτῶ· θέλεις ὑγιὴς γενέσθαι; ἀπεκρίθη αὐτῶ ό ἀσθενῶν· Κύριε, ἄνθρωπον οὐκ ἔχω, ἵνα öταν ταραχθῆ τὸ ὕδωρ, βάλη με εἰς τὴν κολυμβήθραν· έν ὦ δὲ ἔρχομαι ἐνώ, ἄλλος πρὸ ἐμοῦ καταβαίνει. λέγει αὐτῷ ὁ Ἰησοῦς· ἔγειρε, ἆρον τὸν κράβαττόν σου καὶ περιπάτει. καὶ εὐθέως ἐγένετο ὑγιὴς ὁ άνθρωπος, καὶ ἦρε τὸν κράβαττον αὐτοῦ καὶ περιεπάτει. ἦν δὲ σάββατον ἐν ἐκείνῃ τῇ ήμέρα. ἕλεγον οὖν οἱ Ἰουδαῖοι τῷ τεθεραπευμένω· σάββατόν έστιν· οὐκ ἕξεστί σοι ἆραι τὸν κράβαττον. ἀπεκρίθη αὐτοῖς· ὁ ποιήσας με ύγιῆ, ἐκεῖνός μοι εἶπεν· ἆρον τὸν κράβαττόν σου καὶ περιπάτει. ἠρώτησαν οὖν αὐτόν· τίς ἐστιν ὁ ἄνθρωπος ὁ εἰπών σοι, άρον τὸν κράβαττόν σου καὶ περιπάτει; ὁ δὲ iαθεὶς οὐκ ἤδει τίς ἐστιν· ὁ γὰρ Ἰησοῦς έξένευσεν ὄχλου ὄντος ἐν τῷ τόπω. μετὰ ταῦτα εὑρίσκει αὐτὸν ὁ Ἰησοῦς ἐν τῷ ἱερῷ καὶ εἶπεν αὐτῶ· ἴδε ὑγιὴς γέγονας· μηκέτι ἁμάρτανε, ἵνα μὴ χεῖρόν σοί τι γένηται. ἀπῆλθεν ὁ ἄνθρωπος καὶ ἀνήγγειλε τοῖς Ἰουδαίοις ὅτι Ἰησοῦς ἐστιν ὁ ποιήσας αὐτὸν ὑγιῆ.

# Holy Gospel according to St John (5: 1-15)

At that time. Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them. "The man who healed me said to me, 'Take up your pallet, and walk.' "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

# Τοῦ Πεντηκοσταρίου.

Τῆ αὐτῆ ἡμέρα, Κυριακῆ τετάρτῃ ἀπὸ τοῦ Πάσχα, τοῦ Παραλύτου μνείαν ποιούμεθα καὶ ὡς εἰκὸς τὸ τοιοῦτον ἑορτάζομεν θαῦμα.

# Στίχοι.

Τὸ ρῆμα Χριστοῦ σφίγμα τῷ παρειμένῳ. Οὕτως ἴαμα τοῦτο ρῆμα καὶ μόνον.

Τῷ ἀπείρῳ ἐλέει σου, Χριστὲ ὁ Θεός, ἐλέησον ἡμᾶς. Ἀμήν.

# Κοντάκιον Κυριακή Δ΄ τοῦ Παραλύτου

Τὴν ψυχήν μου Κύριε, ἐν αμαρτίαις παντοίαις, καὶ ἀτόποις πράξεσι, δεινῶς παραλελυμένην, ἔγειρον τῇ θεϊκῇ σου ἐπιστασία, ὥσπερ καὶ τὸν Παράλυτον, ἤγειρας πάλαι, ἵνα κράζω σεσωσμένος· Οἰκτίρμον δόξα, Χριστέ, τῷ κράτει σου.

## From the Pentecostarion.

On this day, the fourth Sunday of Pascha, we remember the Paralytic, and appropriately celebrate the miracle worked on him.

## Verses:

The word of the Christ was a brace for the Paralytic. Thus, his cure by mere utterance was accomplished.

In Your infinite mercy, O Christ our God, have mercy on us. Amen.

## Kontakion of Sun. of the Paralytic

I am grievously paralysed in a multitude of sins and wrongful deeds. As You raised up the paralytic of old, also raise up my soul by Your divine guidance, that I may cry out, "Glory to Your Power O Compassionate Christ."